ONLINE HARASSMENT: RESOURCES

REPORTING ONLINE ABUSE OR ILLEGAL ACTIVITY

Google
https://support.google.com/sites/answer/116262?hl=en

Twitter
https://support.twitter.com/articles/15789

Facebook
https://www.facebook.com/help/contact/274459462613911
https://www.facebook.com/safety/bullying

How to make a report
www.childnet.com/resources/how-to-make-a-report

Report cyberstalking
www.stalkinghelpline.org.uk
www.suzylamplugh.org/

Report child sexual abuse content
report.iwf.org.uk/en

Report Harmful Content Online
swgfl.org.uk/services/report-harmful-content/

Report and support for victims of revenge pornography
revengepornhelpline.org.uk

Ditch The Label
www.ditchthelabel.org/report/

Police
www.police.uk
www.met.police.uk/true-vision-report-hate-crime/hate-crime-online
(You can report online harassment and hate to your local police)
Bright Sky App  
www.hestia.org/brightsky

Bright Sky is a free to download mobile app, launched in partnership with the Vodafone Foundation, providing support and information to anyone who may be in an abusive relationship or those concerned about someone they know.

The app is also designed to be used by specialist and non-specialist practitioners and other employers, and for anyone looking for information about issues around domestic abuse such as online safety, stalking and harassment and sexual consent.

Safer Online  
saferonline.org

The website compiles practical computer security information to support people to better protect themselves from a wider variety of online harms.

Stop Online Abuse  
www.stoponlineabuse.org.uk

The website was established by Galop, the UK’s LGBTQ+ anti-violence charity, along with seven voluntary organisations from across the women’s and LGBT sector. Stop Online Abuse is an online resource hub to help women and LGBT people who have experienced online abuse.

Disrespect Nobody  
www.disrespectnobody.co.uk/

Disrespect Nobody is a Home Office campaign to help young people to re-think their views of controlling behaviour, violence, sexual abuse and consent. The website provides information and resources on sexting and revenge pornography.

Get Safe Online  
www.getsafeonline.org/

The website compiles a range of information and advice on online safety.

Crash Override  
www.crashoverridenetwork.com/resources.html

This is a resource hub for people experiencing online abuse.

UK Safer Internet Centre  
www.saferinternet.org.uk

The UK Safer Internet Centre is a partnership of three leading charities who aim to make the internet a better place for children and young people. The website provides a helpline for professionals working with children and young people in the UK with any online safety issues they may face themselves, or with children in their care.

Digital literacy and citizenship learning guide  
digital-literacy.org.uk

Cybersmile  
www.cybersmile.org/advice-help
**Bullying UK**
www.bullying.co.uk/cyberbullying

**ThinkUKnow**
www.thinkuknow.co.uk/14_plus

**South-West Grid for Learning**
swgfl.org.uk/online-safety

SWGfL is part of the UK Safer Internet Centre and specialises in supporting schools, agencies and families to effect lasting change with the safe and secure use of technology. The website provides a range of useful information and guidance, and support services a revenge pornography helpline (https://revengepornhelpline.org.uk/).

**Childnet**
www.childnet.com/young-people/secondary/need-help

Childnet International is part of the UK Safer Internet Centre and works directly with children and young people from the ages of three to 18, developing resources and responding to policy issues to support young people to stay safe online.

**Project deSHAME**
www.childnet.com/resources/step-up-speak-up

This is a Childnet International project that developed a practical campaign toolkit to address the issue of online sexual harassment among young people.
These services provide resources, advice and guidance to support victims across a variety of types of harassment and hate crime.

**Support Line**  
[www.supportline.org.uk](http://www.supportline.org.uk)  
Support Line provides a confidential telephone helpline offering emotional support to any individual on any issue.

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**NHS**  
[www.nhs.uk/Service-Search](http://www.nhs.uk/Service-Search)  
The NHS website has a service search function. Typing in 'rape and sexual assault referral centre' and the postcode will identify the nearest local service.

**Survivors UK**  
[www.survivorsuk.org](http://www.survivorsuk.org)  
Survivors UK helps men who have been sexually abused and raises awareness of their needs.

**Mankind**  
[www.mankindecounselling.org.uk](http://www.mankindecounselling.org.uk)  
Mankind provides support for men who have been sexually abused.

**Victim Support**  
[www.victimsupport.org.uk](http://www.victimsupport.org.uk)

**Rape Crisis England and Wales**  
[rapecrisis.org.uk](http://rapecrisis.org.uk)

**Rape Crisis Scotland**  
[www.rapecrisisscotland.org.uk](http://www.rapecrisisscotland.org.uk)

**The Survivors Trust**  
[thesurvivorstrust.org/find-support](http://thesurvivorstrust.org/find-support)

**Karma Nirvana**  
[www.karmanirvana.org.uk](http://www.karmanirvana.org.uk)  
Karma Nirvana is a national charity that supports male and female victims of forced marriage and honour-based abuse

**Forced Marriage Unit (government)**  
[www.gov.uk/guidance/forced-marriage](http://www.gov.uk/guidance/forced-marriage)  
This site offers the UK government’s guidance on forced marriage.

**National Domestic Violence Helpline**  
[www.nationaldomesticviolencehelpline.org.uk/support-a-friend-or-familymember-experiencing-domestic-violence.aspx](http://www.nationaldomesticviolencehelpline.org.uk/support-a-friend-or-familymember-experiencing-domestic-violence.aspx)  

**Stop Hate UK**  
[www.stophateuk.org](http://www.stophateuk.org)  
This charity provides independent and confidential support to people affected by hate crime.
<table>
<thead>
<tr>
<th>Organisation</th>
<th>Website/Link</th>
<th>Description</th>
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<tbody>
<tr>
<td><strong>Tell MAMA</strong></td>
<td>tellmamauk.org</td>
<td>Tell MAMA is a national organisation for reporting anti-Muslim incidents.</td>
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<tr>
<td><strong>Refuge</strong></td>
<td><a href="http://www.refuge.org.uk">www.refuge.org.uk</a></td>
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<tr>
<td><strong>Women's Aid</strong></td>
<td><a href="http://www.womensaid.org.uk">www.womensaid.org.uk</a></td>
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<td><strong>Scottish Women's Aid</strong></td>
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<td><strong>Welsh Women's Aid</strong></td>
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<tr>
<td><strong>Woman's Trust</strong></td>
<td><a href="http://www.womanstrust.org.uk">http://www.womanstrust.org.uk</a></td>
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<tr>
<td><strong>Union of Jewish Students</strong></td>
<td><a href="http://www">www</a>. ujs.org.uk</td>
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<tr>
<td><strong>The Community Security Trust</strong></td>
<td>cst.org.uk</td>
<td>(National Organisation for Jewish victims)</td>
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<td><strong>Federation of Student Islamic Societies</strong></td>
<td><a href="http://www">www</a>. fosis.org.uk</td>
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<tr>
<td><strong>Forum Against Islamophobia and Racism</strong></td>
<td><a href="http://www.fairuk.org/intro.htm">www.fairuk.org/intro.htm</a></td>
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<td><strong>Muslim Women's Network</strong></td>
<td><a href="http://www.mwnhelpline.co.uk/">www.mwnhelpline.co.uk/</a></td>
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<tr>
<td><strong>The Stop LGBT Hate Crime Helpline</strong></td>
<td></td>
<td>(part of Stop Hate UK)</td>
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<td><strong>Galop</strong></td>
<td><a href="http://www.galop.org.uk">www.galop.org.uk</a></td>
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<td><strong>Imaan</strong></td>
<td>imaan.org.uk/about/about.htm</td>
<td>Imaan supports LGBT Muslim people.</td>
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<td><strong>LGBT Foundation</strong></td>
<td><a href="https://lgbt.foundation">https://lgbt.foundation</a></td>
<td>LGBT Foundation is a national charity delivering a wide range of services to</td>
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<tr>
<td></td>
<td></td>
<td>lesbian, gay and bisexual and trans communities.</td>
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<td><strong>Stonewall</strong></td>
<td>/www.stonewall.org.uk</td>
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<tr>
<td><strong>The Gender Trust</strong></td>
<td>gendertrust.org.uk</td>
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<td><strong>Disability Rights UK</strong></td>
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<td><strong>Scope</strong></td>
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<td><strong>UK Disabled People's Council</strong></td>
<td><a href="http://www.ukdpc.net/site/">www.ukdpc.net/site/</a></td>
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