



About the awards

The Mental Wellbeing in Higher Education (MWBHE) group (hosted by Universities UK) wishes to recognise students who have worked to support student mental health and wellbeing in the UK. MWBHE is very proud of student achievements and innovation in this area. This award will celebrate those achievements and raise awareness about them.

Criteria for entry

- Students currently attending a university in the UK, or who left a UK university in the previous year.
- Creation, development and completion of an innovative intervention to support student mental health and wellbeing, produced in 2015-17 (whilst the applicant was a student).
- The entry can take the form of a written article about the intervention, or poem, artwork, video, vlog, post-event summary and analysis, research or any other creative demonstration of achievement or activity that is aimed at supporting students' mental health or wellbeing.
- Entrants (individuals or a team, all of whom should be, or have recently been, students) should complete the entry form and submit it with their creative piece.
- Entries should describe **the aim** of the intervention, the **need** which the intervention meets, and details on delivery, awareness raising, and current or planned impact.
- Entries should clearly explain who was involved in the creation and delivery of the intervention, and the applicant's own role in developing and implementing it.
- Suggested word length for the application: 500 words minimum, 1500 words maximum. Additional material can be included outside this word limit.
- Email your submission to Gedminte.Mikulenaite@universitiesuk.ac.uk before the closing date of noon 30 January 2018.

Judging of entries

- Entries will be judged by a panel convened by the Chair of the MWBHE.
- There will be one winner annually.
- If a satisfactory standard is not reached there will not be an award for that year.

In deciding on a winning entry, the judging panel will take into account the aims of the intervention, current or planned impact, awareness raising around the intervention, and innovative or creative features.

The winning entry:

- Will be invited to the annual MWBHE conference for the presentation of the award and
- Will be given the opportunity to give a brief presentation on their work at the annual conference.
- The winning entry will be publicised on the MWBHE web page.

Application process and timeline:

- 23 November: Competition opens and we begin accepting entries
- Noon 30 January: Deadline for submission of applications
- Tuesday 6 March: The annual MWBHE conference and the presentation of the award

For further information or any queries, please contact
Gedminte.Mikulenaite@universitiesuk.ac.uk